# Scaffold Template

## Title

A clear, intentional name that reflects the core purpose of the scaffold.

## Purpose

What this scaffold is designed to do or support.

## Why This Matters

The deeper reason for this scaffold’s existence—why this tension, insight, or pattern deserves structured attention.

## Use This When

Clear conditions that indicate when this scaffold should be used (situational, emotional, energetic, or relational cues).

## Outcomes

Each one must include future orientation—how this level of engagement shapes what's to come.

- Poor Outcome: What happens if the scaffold is ignored or walked without presence.

- Expected Outcome: The typical result of walking it honestly but not deeply.

- Excellent Outcome: What happens when walked with full attention and self-awareness.

- Transcendent Outcome: What becomes possible when the walk transforms Karen's relationship with herself, others, or the field.

## Planks

Each scaffold contains 3–10 planks. Each plank follows this structure:

### Plank #: [Title]

- Purpose: What this plank reveals or clarifies

- Why This Matters: What role this reflection plays in the system

- Outcomes: Future-oriented (Poor, Expected, Excellent, Transcendent)

- Guiding Questions: 2 to 4 specific questions that unlock signal (can be somatic, narrative, or energetic)

## Completion Prompts (Optional)

Optional section at the end to help close the loop.

Examples:

– “What’s the one sentence you want to carry forward from this walk?”

– “What wants to rest now?”

– “What needs to be protected going forward?”